

Hunger Bits

*Doug Sensabaugh, Hunger Action Coordinator
Shenandoah Presbytery – No. 6*

We give gladly to help with hunger relief in many ways. Here are some of the programs we support through our contributions.

One Great Hour of Sharing is one of the four churchwide special offerings received throughout the Presbyterian Church. It is usually received at Easter in response to the great sacrifice of love made on our behalf. Our gifts support ministries throughout the year with brothers and sisters in need. Offerings received are divided in roughly thirds with equal portions going to the Presbyterian Hunger Program, Self Development of People, and Presbyterian Disaster Assistance. All funds collected in this offering are sent to the One Great Hour of Sharing for distribution.

Presbyterian Hunger Program is an essential link between life and death for over 800,000,000 people who lack adequate food. The Hunger Program addresses concerns of poverty and hunger through 5 program areas. **Direct Food Relief** provides food to hungry people through food pantries and many other distribution networks. The **Development Assistance** program helps the poor and hungry people help themselves. **Public Policy Advocacy** encourages government programs that respond to the needs of hungry people. The **Hunger Education** program helps us all understand the reality and causes of hunger. The **Lifestyle Integrity** component encourages us to live our lives in ways that share God's bountiful provision.

Heifer International has helped millions of impoverished families worldwide become more self-reliant through the gift of livestock and training in their care. Heifer is a nonprofit organization rooted in the Christian tradition and works for the dignity and well-being of all people. Heifer is not just about cows anymore. Across the globe, Heifer donors, volunteers, staff and project partners strive daily to build communities, distribute resources fairly, improve access to education and preserve our environment.

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