

# Hunger Bits

*Doug Sensabaugh, Hunger Action Coordinator  
Shenandoah Presbytery – No. 11*

**We give gladly to help with hunger relief in many ways. Here are some of the programs we support through our contributions.**

***The Meal Time Project*** is a part of the Starting Points program operating in Morgan County, WV. It offers “soup kitchen” support in a community of contrasts where those in deep poverty exist alongside the well-to-do. Meal Time complements and supports the work of the Presbyterian, Methodist, Episcopal and Wesley congregations in the county. Volunteers from these churches accumulate some 115 service houses a month serving meals to those in need. This ministry to the community is not only helping the hungry but is also uniting the community to help those in need.

***The Valley Mission*** located in Staunton, Va., exists to serve those who need immediate and temporary services. These include housing and meals, financial assistance, and spiritual support. Anyone in the community who is hungry can also benefit from the services of the mission’s kitchen. Some people may be employed fulltime, but there is not enough income to sustain a household. Problems with violence, mental health issues, substance abuse, and lack of good nutrition are challenges which the mission staff addresses daily with your support.

***The Southwest Indian Foundation*** serves Native Americans here in the United States. Located in Gallup, New Mexico, foundation services are extended to Native Americans in the four corners area of the southwest. Conditions here are exactly the same as in any developing country around the world. The **Stove Project** gives wood-burning stoves so that people are protected from the cold of winter. The **Casa San Martin Soup Kitchen** feeds those in this native American community who are hungry. The people work to sell their **crafts** as well to help support their families and to buy food and services. **Christmas Baskets** help needy families survive the winter and provide the children with hope.

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