

# Hunger Bits

*Doug Sensabaugh, Hunger Action Coordinator  
Shenandoah Presbytery – No. 2*

**We give gladly to help with hunger relief in many ways. Here are some of the programs we support through our contributions.**

Shenandoah Presbytery has supported the "Cents-A-Meal" program since it began some 35 years ago, with contributions through 2003 in excess of \$ 2 million. Today, churches receiving hunger offerings are asked to designate the first 25% of collections to a hunger ministry of their choosing. The remaining 75% goes to Presbytery where it is distributed to other community, national and international hunger programs.

By contributing 2/4 cents per person at each meal, individuals, families and groups are reminded of the needs of others each time they eat. **Daily participation is a reminder that hunger is a constant reality** for millions of our sisters and brothers around the world. As the money accumulates, those participating become aware that small acts done regularly can result in significant responses to hunger and that there is great strength in working together with other Christians.

Hunger Fund contributions sent to the Presbytery in 2004 have totaled over \$42,000. These funds have gone to the following:

## **International Programs:**

Presbyterian Disaster Assistance  
IBS – Ethiopia Hunger Relief  
Tembisa Child Academy – South Africa

## **National/Local Programs:**

Blue Ridge Area Food Bank  
Church Food Pantries  
Society of St. Andrew  
C-CAP & Rescue Missions

## **Advocacy for the Hungry Programs:**

Virginia Interfaith Center for Public Policy  
Bread for the World  
West Virginia Council of Churches

**By participating in the Cents-A-Meal program, churches are following Jesus' command: "You give them something to eat."**

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